



## Eastbound

### Weekdays

**See the TrainTime app for complete service west of Jamaica as well as transfer options.**

**Westbound**






### Weekdays

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TrainTime app  
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options.**

For explanation, see "Reference Notes."																												
	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
LONG BEACH	.....	11:57	.....	12:57	.....	1:57	.....	2:52	.....	3:57	4:26	.....	4:56	5:30	.....	5:54	.....	6:49	.....	8:15	.....	8:57	.....	9:57	.....	10:57	.....	11:03
Island Park	.....	12:03	.....	1:03	.....	2:03	.....	2:58	.....	4:03	4:32	.....	5:02	5:36	.....	6:00	.....	6:55	.....	8:21	.....	9:03	.....	10:03	.....	11:07	.....	11:09
Oceanside	.....	12:07	.....	1:07	.....	2:07	.....	3:02	.....	4:07	4:36	.....	5:06	5:40	.....	6:04	.....	6:59	.....	8:25	.....	9:07	.....	10:07	.....	11:07	.....	11:09
East Rockaway	.....	12:09	.....	1:09	.....	2:09	.....	3:04	.....	4:09	4:38	.....	5:08	5:42	.....	6:06	.....	7:01	.....	8:27	.....	9:09	.....	10:09	.....	11:09	.....	11:11
Centre Avenue	.....	12:11	.....	1:11	.....	2:11	.....	3:06	.....	4:11	4:40	.....	5:10	5:44	.....	6:08	.....	7:03	.....	8:29	.....	9:11	.....	10:11	.....	11:11	.....	11:13
LYNBROOK	A 11:41	B 12:14	A 12:41	B 1:14	A 1:41	B 2:14	A 2:41	B 3:09	A 3:57	B 4:14	B 4:43	A 4:56	B 5:13	B 5:47	A 5:57	B 6:11	A 6:57	B 7:06	A 7:57	B 8:32	A 8:52	B 9:14	A 9:57	B 10:14	A 10:57	B 11:14	A 11:55	
Valley Stream (Note)	.....	12:17	.....	1:17	.....	2:17	.....	3:12	.....	4:17	4:46	.....	5:16	5:50	.....	6:14	.....	7:09	.....	8:36	.....	9:17	.....	10:17	.....	11:17	.....	11:19
Rosedale (Note)	.....	.....	.....	.....	.....	.....	.....	3:15	.....	.....	4:49	.....	5:18	.....	.....	6:17	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	
Laurelton (Note)	.....	.....	.....	.....	.....	.....	.....	3:18	.....	.....	4:52	.....	.....	.....	.....	.....	.....	7:14	.....	.....	.....	.....	.....	.....	.....	.....	.....	
Locust Manor (Note)	.....	.....	.....	.....	.....	.....	.....	3:20	.....	.....	4:54	.....	.....	.....	.....	.....	.....	7:16	.....	.....	.....	.....	.....	.....	.....	.....	.....	
JAMAICA (Arrive)	11:54	12:27	12:54	1:27	1:54	2:27	2:54	3:27	4:10	4:27	5:01	5:10	5:28	6:01	6:10	6:26	7:11	7:23	8:10	8:49	9:05	9:27	10:10	10:27	11:10	11:27	12:10	
JAMAICA (Leave)	11:55	12:28	12:55	1:28	1:55	2:28	2:55	3:28	4:11	4:28	5:02	5:11	5:29	6:02	6:11	6:27	7:12	7:24	8:11	8:50	9:06	9:28	10:11	10:28	11:11	11:28	12:11	
East New York *	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	
Nostrand Avenue *	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	
ATLANTIC TERMINAL *	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	
Kew Gardens	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	
Forest Hills	.....	.....	.....	.....	.....	.....	.....	.....	4:16	.....	.....	.....	5:16	.....	.....	6:16	.....	7:17	.....	.....	.....	.....	.....	.....	.....	.....	.....	
Woodside	.....	12:35	.....	1:35	.....	2:35	.....	3:35	.....	4:35	5:09	.....	5:37	.....	.....	6:34	.....	7:31	.....	8:58	.....	9:35	.....	10:35	11:19	11:35	12:12	
GRAND CENTRAL	12:14	.....	1:14	.....	2:14	.....	3:14	.....	4:30	.....	.....	.....	5:30	5:48	.....	6:30	.....	7:31	.....	8:30	.....	.....	10:30	.....	11:30	.....	12:30	
PENN STATION	.....	12:46	.....	1:46	.....	2:46	.....	3:46	.....	4:46	5:20	.....	.....	.....	6:20	.....	6:44	.....	7:41	.....	9:09	.....	9:25	.....	10:46	.....	11:46	
Train #	1293	839	1295	853	1297	855	1299	857	257	859	861	261	863	865	263	867	265	869	267	873	187	875	271	877	273	879	275	



From Long Island City & Hunterspoint Avenue Monday to Friday except Holidays				
Leave				Arrive
Train #	Notes	LI City	HP Ave	Jamaica
Afternoon and Evening Service				
656		3:15	3:30	3:45
558		.....	4:00	4:15
658	Peak	.....	4:22	4:37
18	Peak	.....	4:30	4:45
80	Peak	4:27	4:42	4:57
662	Peak	4:58	5:07	5:22
698	Peak	5:45	6:00	6:15
668	Peak	.....	6:43	6:58
568	Peak	6:40	6:53	7:08

Station Services: Connecting Transportation					
	Para Zone				
PENN STATION	1	M7, M20, M34-SBS, M34A-SBS, Q32			1, 2, 3, A, C, E, Amtrak, NO TRANSIT
GRAND CENTRAL	1	M1, M2, M3, M4, M42, M101, M102, M103, Q32			4, 5, 6, 7, S, METRO-NORTH
Woodside Forest Hills Kew Gardens	1 1 1	Q18, Q20, Q63-SBS, Q70-SBS Q20, Q60, Q64 Q10		LaGuardia Link Q70-SBS Q10	7 E, F, M, R
HUNTERSPONT AVE.	1	Q67			7
ATLANTIC TERMINAL Northeast Avenue East New York	1 1 3	B37, B41, B45, B65, B67, B103 B25, B26, B44, B45, B49 B12, B20, B25, B83, Q24, Q56			2, 3, 4, 5, R, D, N, Q, R A, C A, C, J, Z
JAMAICA	3	Q6, Q8, Q9, Q24, Q25, Q30, Q31, Q34, Q40, Q41, Q43, Q44-SBS, Q45, Q56, Q60, Q65			E, J, Z
Valley Stream	4	n1, Elmont Fleet			
Lynbrook	4	nK, n25, n31, n32			
Centre Avenue	7				
East Rockaway	7				
Oceanside	7				
Inland Park FANCY BEACH	7 7	n15 n15, n33, n34, n35, n36 Beach Bus			

## Customer Service Center

**RAILROADS:**  
Metro-North Railroad (New York City) ..... 511  
New Jersey Transit ..... (973) 275-5555  
PATH (Port Authority Trans Hudson) ..... (800) 234-PATH  
AMTRAK ..... (800) USA-RAIL

**FERRY SERVICES:**  
Port Jefferson-Bridgeport Ferry ..... (631) 473-0286

**VISITORS AND TOURISM:**  
Long Island Convention & Visitors Bureau ..... (877) FUN-ON-LI

## Helpful Phone Numbers


<b>DEPARTMENT</b>	<b>HOURS</b>
Schedule Information.....	Say "Schedules" ..... 24/7
Fare Information.....	Say "Fares" ..... 24/7
Mobile Ticketing.....	Say "Mobile Ticketing" ..... Daily, 6AM – 10 PM
Mail/Ride.....	Say "Mail and Ride" ..... Daily, 6AM – 10 PM
Group Travel and Getaways.....	Say "Group Travel" ..... M-F, 8 AM-4 PM
Lost & Found.....	Say "Lost & Found" ..... Daily, 6 AM – 10 PM
Refunds.....	Say "More Options" - "Ticket Refunds" ..... Daily, 6 AM – 10 PM
Ticket Machine Assistance.....	Say "More Options" - "Ticket Machines" ..... M-F, 6:30 AM-3:30 PM
Hamptons Reserve Service.....	Say "More Options" - "Hamptons Reserve" ..... Seasonal: May-Sep
Comments & Concerns.....	Say "More Options" - "Public Affairs" ..... Daily, 6 AM - 10 PM
Corporate Offices or All Other Business.....	Say "More Options" - "Corporate Directory" ... M-F, 9 AM-5 PM



## Title VI Statement

A complainant may also file a complaint directly with the U.S. Department of Transportation by contacting the Department at: U.S. Department of Transportation Federal Transit Administration's Office of Civil Rights, One Bowling Green, Room 429, New York, NY 10004-1415.

## Responsibility



**Assaulting**  
MTA Long Island Rail Road  
Train Crew Members is a  
felony punishable by up to  
7 years in prison.

The Long Island Rail Road cannot assume responsibility for inconvenience, expense or damage resulting from errors in timetables, delayed trains, failure to make connections or for changes in or shortage of equipment. The sale of any ticket includes no assurance of a seat on a particular train. The schedules shown in this timetable are subject to change without notice.

New York State  
Penal Code 120.05